

Wilton Road Salisbury

SP2 7EU

Telephone: 01722 694013

Website: www.sail-academy.org

Parent Communication 7.2.25

Dear Parents/ Carers,

With only one more week to go until the end of term 3, there are a few things happening next week which I wanted to be clear to highlight below.

Last week of term events

Tuesday 11th February – Safer Internet Day

This continues to be an important focus for us and all schools to support student and parent understanding in the critical area now and as our young people move into the future.

Thursday 13th February - Year 9 options evening

We will be holding our Year 9 options evening at school, starting at 6.00pm. The aim of this event is to set out the curriculum options for students who are moving into Year 10 and the qualifications they will be looking to study in Key Stage 4.

Friday 14th February - Valentine's Day Dress Down – The Pupil Voice committee would like all pupils and staff to wear red/pink/purple or love hearts to raise money for WAVES PTA – our school charity.

Please encourage your child to dress for Valentines and bring in a £1 minimum donation to WAVES PTA so we can build our school nature garden. Last day of term – Friday 14th February.

Friday 14th February - Valentine's Day Café

Ahead of the end of term Celebration Assembly on Friday 14th February, we are running a café for ALL parents, carers and family from 1:15pm-1:45pm. This is a chance for Octopus class to demonstrate their amazing hospitality skills. Please bring cash – money goes to WAVES PTA for the school nature garden costs.

Friday 14th February – End of term celebration assembly

As we have previously done at the end of each term, we will be having an end of term celebration assembly – which we very much hope parents/ carers will be able to join us for. The assembly will start at 1.45pm. If you are looking to join us (and you are not already here for the cafe) please come to reception at 1.40pm.

Children's mental health awareness week

Children's Mental Health Awareness Week is an important initiative aimed at raising awareness about the mental health of young people, encouraging open conversations about emotions, and



Wilton Road Salisbury

SP2 7EU

Telephone: 01722 694013

Website: www.sail-academy.org

promoting well-being. This week, many children have participated in various engaging activities to help understand and express their feelings.

Some classes have enjoyed drawing activities and discussing how drawing can make us feel calm and relaxed. <u>#DrawWithRob 1 Gregosaurus - YouTube</u> a

We also did some meditation and focussed on "what are we thinking about and how does this make us feel?" https://www.youtube.com/watch?v=DWOHcGF1Tmc

Additionally, some children had the chance to watch *Inside Out 2*, a heartwarming film that delves into emotions and how they shape our behaviour. After watching the movie, students engaged in discussions about their own feelings, learned about the importance of emotional awareness, and talked about ways to manage emotions in healthy ways.

By participating in these activities, students have learned the value of talking about their emotions and discovered strategies to support their mental health. These experiences have fostered empathy, self-awareness, and emotional resilience, which are key aspects of children's mental well-being.

Ready, Respectful, Safe Teacher/Tutor winners

This week's Ready, Respectful, Safe Teacher and Tutor winners are:

Angelfish - Tyler

Turtle - Jack

Starfish - Mikey

Penguin – Thomas

Dolphin - Alyssa

Swordfish - Reece

Seal - Carson

Octopus - Jack

Orca – Harry

Atlantic - Toby

Well done to all those students who have made great steps this week, particularly those students identified above.



Wilton Road

Salisbury

SP2 7EU

Telephone: 01722 694013

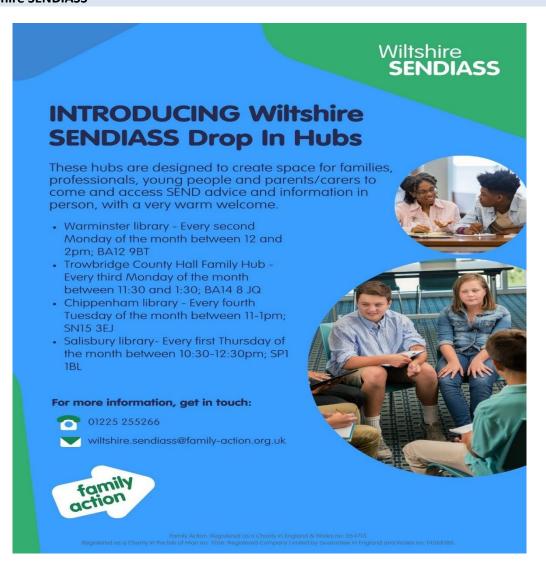
Website: www.sail-academy.org

Wiltshire Wellbeing App

As part of offering increased digital access to health promotion advice and support for families in Wiltshire, the Wiltshire Children and Families Wellbeing Service launched the 'Growing Well Wiltshire' App in May 2024. The App has easy to access information about the service, how to access support, a chat function to support direct access to the team, available 9-5pm Monday to Friday as well as lots of health promotion information, videos and local links to wider support services.

» Growing Well Wiltshire App

Wiltshire SENDIASS





Wilton Road

Salisbury

SP2 7EU

Telephone: 01722 694013

Website: www.sail-academy.org

Pupil Voice (School Council, Eco Council, Anti-bullying Ambassadors)

Our Pupil Voice group met today – for the first time as a whole group. We have decided to focus on the following charities this year:

Term $3 - 14^{th}$ Feb Valentine's events for Waves PTA. The Eco Council are meeting to design the Nature Garden areas. (School based Eco support)

Term $4 - 14^{th}$ March Comic Relief – details to be sent out from the Student Council group of our Pupil Voice team (global support of young people with diverse needs)

Term 5 – School based support project TBC

Term $6 - 1^{st}$ June 'The Big Community Lunch' for local projects with elderly residents (Local charity support)

Next academic year – Nov 2025 – Children in Need (national support of young people with diverse needs)

Key dates

February

- Tuesday 11th February Safer Internet Day
- Thursday 13th February Year 9 options evening
- **Friday 14**th **February** Valentine's Day Dress Down wear red/pink/purple or love hearts and raise money for WAVES PTA
- Friday 14th February Valentine's Day Café
- Friday 14th February End of term celebration assembly
- Friday 14th February Last day of term 3
- Monday 24th February First day of term 4

March

- Monday 3rd March World Wildlife Day
- Saturday 8th March International Women's Day (to be looked at in school w/b: 3rd March)
- Sunday 23rd March World Water Day (to be looked at in school w/b: 24th March)